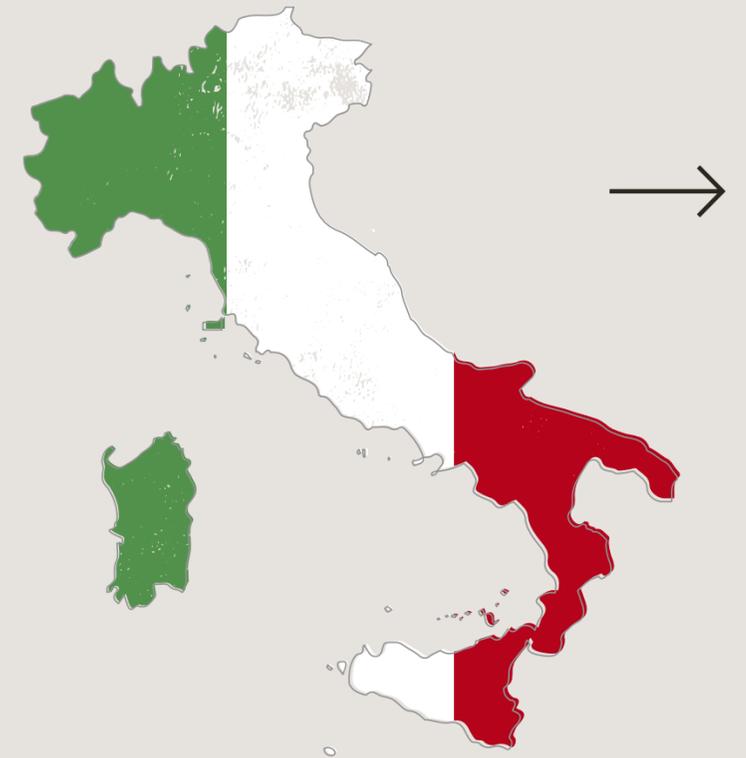


# XVth International Congress



Sciacca, Sicilia - Italy

19 to 22 October 2023

Disciples  Escoffier  
International

Association pour la transmission et l'évolution de la Cuisine

# We are waiting for you in Sicily!!



Dear friends, we are warming up the engines to prepare you an unforgettable, albeit short stay in Sicily.

For us, who live here, we take for granted what mother nature has given us, unlike those who come from outside and discover our beauties.

Every corner is surrounded by a historical, artistic and architectural imprint with different styles, left by all those peoples who, for various reasons, have inhabited Sicily since the dawn of time.

The taste, between the sweet and savory dishes of the Sicilian tradition (defined by UNESCO as an intangible asset of humanity) and the human contact with the people who over time maintain the atavistic pleasure of welcoming and a sense of hospitality, making the visitor feel like a temporary citizen.

With us, not only the eyes are filled by unique scenarios sublimated by the auditory and olfactory perceptions that every corner exudes and infuses, the musicality of those cultural heritage that capture the senses of connoisseurs, lovers of beauty, that wise travelers are able to taste.

In Sicily the 5 senses are satisfied, you will not be able to free yourself from the memory that leaves no room for other spaces, the shock that comes from it is so invasive that you fall in love with Sicily, you leave with the desire to return as soon as possible.

Anyone arriving in Sicily is overwhelmed by an aura of mystery and by scenarios of millenary value that leave the visitor breathless.

**GIOVANNI LORENZO MONTEMAGGIORE**

President delegate of the Sicily area for Disciples Escoffier Italy



# PROGRAM



**THURSDAY 19  
OCTOBER**

Arrival, check-in,  
reunion and  
dinner

**FRIDAY 20  
OCTOBER**

Visit  
Sicily, let's  
dive into  
history

**SATURDAY  
21 OCTOBER**

Visit  
Palermo,  
Sicilian capital  
from head to  
toe

**SUNDAY 22  
OCTOBER**

Brainstorming  
workshops,  
Closing  
Brunch

**FROM LANDING TO THE TAKE-OFF OF YOUR PLANE, LET YOURSELF  
BE GUIDED BY THE SICILIAN WAY OF LIFE.**

**You will find the detailed program at your arrival in your room**





# Resort

 **MANGIA'S**  
TORRE DEL BARONE, SICILY



**DOUBLE STANDARD €150/NIGHT**  
**SINGLE STANDARD €110/NIGHT**  
**DOUBLE DELUXE €170/NIGHT**  
**DOUBLE SUPERIOR €190/NIGHT**

The 5-star hotel, Mangia's Resort Torre del Barone, is located on the beautiful south-west coast of Sicily, in a setting Unique: golden sandy beaches and sparkling sea on one side, century-old olive trees, pines, palm trees and bougainvillea on the other.

This year a single hotel to allow us to best share this immersive experience.

Price breakfast included, excluding tourist tax (5 € / day)



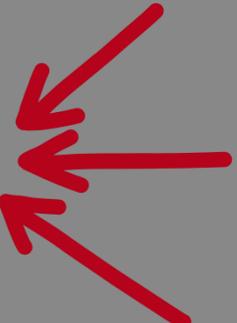
 **MANGIA'S**  
TORRE DEL BARONE, SICILY



Discover the Torre del  
Barone Resort

**FULL PRESENTATION**

Book your room online  
**NOW**

 **BOOKING** 

DOE

Thursday 19  
October

Day

**BENVENUTI IN SICILIA!!!**



## Palermo - Airoport Falcone e Borsellino



Meeting point on the arrivals level from 10am to 5pm  
Bus transfers to Sciacca Mangia's Torre del Barone  
Resort.

Be careful, the bus is the only "fast and free of charge"  
way to access the hotel. It is your responsibility to book  
the service and be punctual.

Bus departures will be arranged according to your  
arrival times. (by bus of 50 people).

If you arrive earlier or later, please let us know.

## Welcome

Upon arrival at the Resort, from 12 noon, you will be  
welcomed by the members of the delegation and will  
receive the welcome bag.

Depending on your arrival time, you can participate in  
an informative meeting of the Museum of the 5 senses of  
Sciacca, relax in your room, in the spa or simply admire  
the beautiful panorama, feet in the sand.

**You will also be able to attend the delegation's  
Induction Chapter from 5pm.**



## Reunion dinner - 8pm



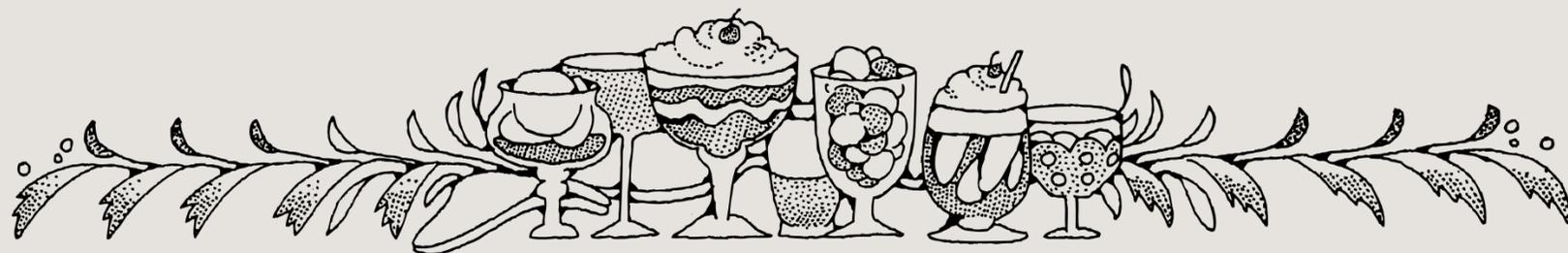
Thursday 19  
October

Let's meet together, all together, in the Perseo room of the Torre del Barone Resort which enjoys an enchanting view of the Mediterranean to get to know the team of the Sicilian delegation.

Evening

Let's mark the beginning of these 15th International Congress around a friendly buffet with a thousand flavors, to meet and share these moments of friendship that are so dear to us.

**BENVENUTI IN SICILIA!!!**



# DOE

## Friday 20 October

## Day

**SICILY:  
ITS STORY, ITS CULTURE...**

Departure and return by bus from the hotel.  
Kitchen jacket and scarf for group photo.  
Comfortable outfits and shoes.



### **Selinunte - Departure at 8.30am**



After an hour's drive through the rough and green landscapes of southern Sicily, arrival at Selinunte, a precious stone, a harmonious synthesis of the history, culture and character of Sicily.

Let's follow our guides for an immersive visit of the Magna Grecia di Sicilia. The largest archaeological area in Europe.

Myths, legends, history, culture: Selinunte Park is even more than that, it's a thousand-year-old treasure chest. 270 hectares that tell of one of the most flourishing classical civilizations of the Mediterranean region.

12 noon - Departure by bus for Sciacca

### **Sciacca - 1.00pm**

Visit to the olive-growing cooperative of excellence U.P.O. A gourmet experience among the flavors and scents of the hot oil that has just been produced.

Initiation to the process of making oil live then light lunch to discover the terroir of southern Sicily by the Disciples of the delegation.

3:30 pm. - Departure by bus for the city center

# DOE

## Friday 20 October

## Evening

### Bancarella Party - 4.00pm

After a walk in the old town of Sciacca (all Disciples must be dressed in their scarf and jacket for the chefs), we will stop at the foot of the majestic Basilica di Maria Santissima del Soccorso for a group photo. At 6 pm, the Mayor and his teams will welcome us in Piazza Scandaliato, against the backdrop of the setting sun over the Bay of Sciacca.

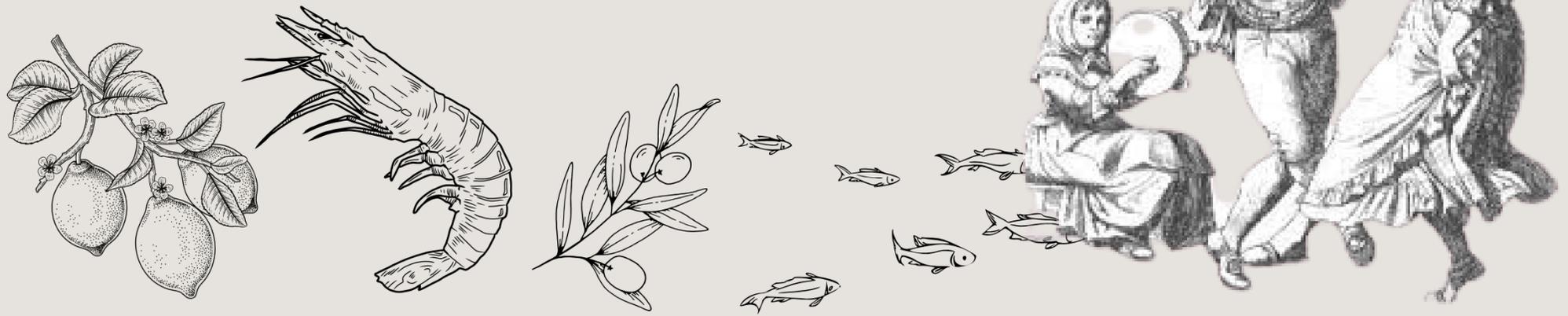
From 7 pm, let's meet, all together, in the historic atrium of the municipal palace for a typical peasant festival of the region.

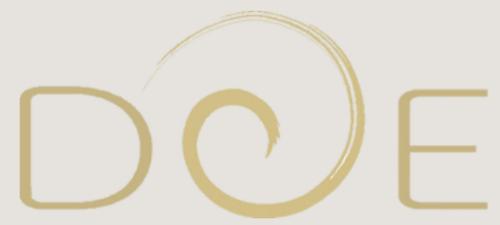
All the best products and know-how of the region will be gathered that evening in the same place for an absolute discovery experience.

Flavors and Atmosphere guaranteed!

**SICILY:  
ITS CULTURE...**

Departure and return by bus from the hotel.  
Kitchen jacket and scarf for group photo.





Saturday 21  
October

Day

**PALERMO, FROM HEAD TO TOE!**

Departure and return by bus from the hotel.  
Kitchen jacket and scarf for group photo.



## Palermo - Departure at 8.30am

We will be welcomed by the President of the region at the Palazzo dei Normanni (Palace of the Normans).



Formerly known as the Royal Palace, it is the seat of the Parliament (one of the oldest in the world) and of the Regional Assembly of Sicily. It is the oldest royal residence in Europe. On the first floor is the Palatine Chapel, a masterpiece of Arab-Norman art.

## Discovery and lunch - 11.00am / 2.30pm

At the end of the morning, free walk "from head to toe" from Porta Nuova to Porta Felice, on Via Vittorio Emanuele which will amaze you, because here, every corner hides an architectural gem!

A typical Palermitan Street Food lunch will be offered to you by the Disciples and students of the city's hotel schools. You will discover the unique flavors of arrancini, panelles, Sfincione, Stigghiola or Cannoli....



## Monreale - 3.00pm

After only a few minutes by bus, through "la Conca d'oro", we will be welcomed in Monreale by the Mayor and his teams, then visit the exceptional Arab-Norman cathedral, listed as a UNESCO World Heritage Site. It is one of the finest examples of this architecture. Its interior stands out with the 42 mosaics that cover it entirely. Legend has it that the heart of St Louis King of France is still preserved there!  
5:30 p.m. - Return to the hotel



DOE

Saturday 21  
October

Evening

AUGUSTE ESCOFFIER IN  
SICILY

Epicurean dinner of the Baron's tower

9:00pm



This Epicurean dinner is dedicated to fish from Sciacca, cooked with respect for traditions and Sicilian produce.

The Baron was known to be fond of fish, but especially of Sciacca prawns (gamberri rosi), an excellent product caught in the depths of the island Ferdinandea in front of Sciacca.

# DOE

# Sunday 22 October

# Day



## For the Disciples Escoffier Reflection workshops - 8:30am



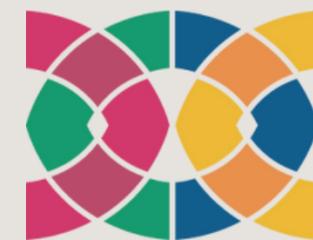
Our association, our delegations are more and more active, visible and recognized. We must, together, work on the future of our professions. We must, each, be force of proposal to perpetuate the work of Auguste Escoffier. On the day of your arrival, at the reception desk, each Disciple will be asked to register for the workshop of their choice. Each workshop will be assigned a facilitator. 3 to 4 workshops, in small groups, with a very specific theme, where you will have to work together on tomorrow.

## FOCUS ON THE ASSOCIATION

Kitchen jacket and scarf

## For accompanying persons Guided tour or free morning

On your arrival, you will have met the staff of the Museum of the Five Senses of Sgiacca. You will have been offered different tours, guided or not.



SCIACCA CITTÀ DEI

# 5enSI



DOE

Sunday 22  
October

Day

**IT'S ONLY A GOOD BYE!**

Kitchen jacket and scarf



### **Brunch - 11.00am / 3.00pm**



After a standing ovation to the organizing team and the words of our International President, let's meet around a brunch designed as an invitation to travel, in the Giardino di Aragona of the Torre del Barone Resort.

### **Departure - From 12 noon**

As on your arrival, bus transfers will be organized during the day to bring you back to the airport if you have chosen to leave at the end of the congress.

Please communicate your times to the organizers when requested.



# Prices of the congress



**400€/person**

Including

Meals, Visits,

Transports.

From 19 to 22

Octobre



Please check the flights schedules to Palermo before booking



# Booking

Applicable  
from  
12 June  
to

31 August 2023\*

\*All applicants must be up to date with their annual subscription fees.

1

## Pre registration

Send an email containing Last name, First name, Delegation and number of people to [rencontres-internationales@disciples-escoffier.com](mailto:rencontres-internationales@disciples-escoffier.com)  
You will receive an email containing the booking link.



2

## Confirmation of your reservation

The link you receive will direct you to the booking store. 100% secure.  
Fill in the form fields, pay and you will immediately receive a confirmation email with your congress accreditation.

3

## Book your stay at the Hotel

This year, we have made the choice that all Disciples stay in the same hotel. Depending on your finances, several rates are offered. Special rates have also been negotiated for you to allow you to extend the duration of your stay.

Throughout the booking process, you will be guided and advised by the organization team

# Would you like to extend your stay to discover more about Sicily?



Before or after the end of the International Congress, two to three additional days are possible and recommended. They would be devoted to excursions, both to the salt marshes of Marsala/Trapani/Erice, and to Agrigento/Valle dei Templi or Taormina for example. To be agreed and programmed directly with the organizers who will put you in touch with the teams of the Mangia's group.

**IF YOU ARE INTERESTED, LET US KNOW QUICKLY!**

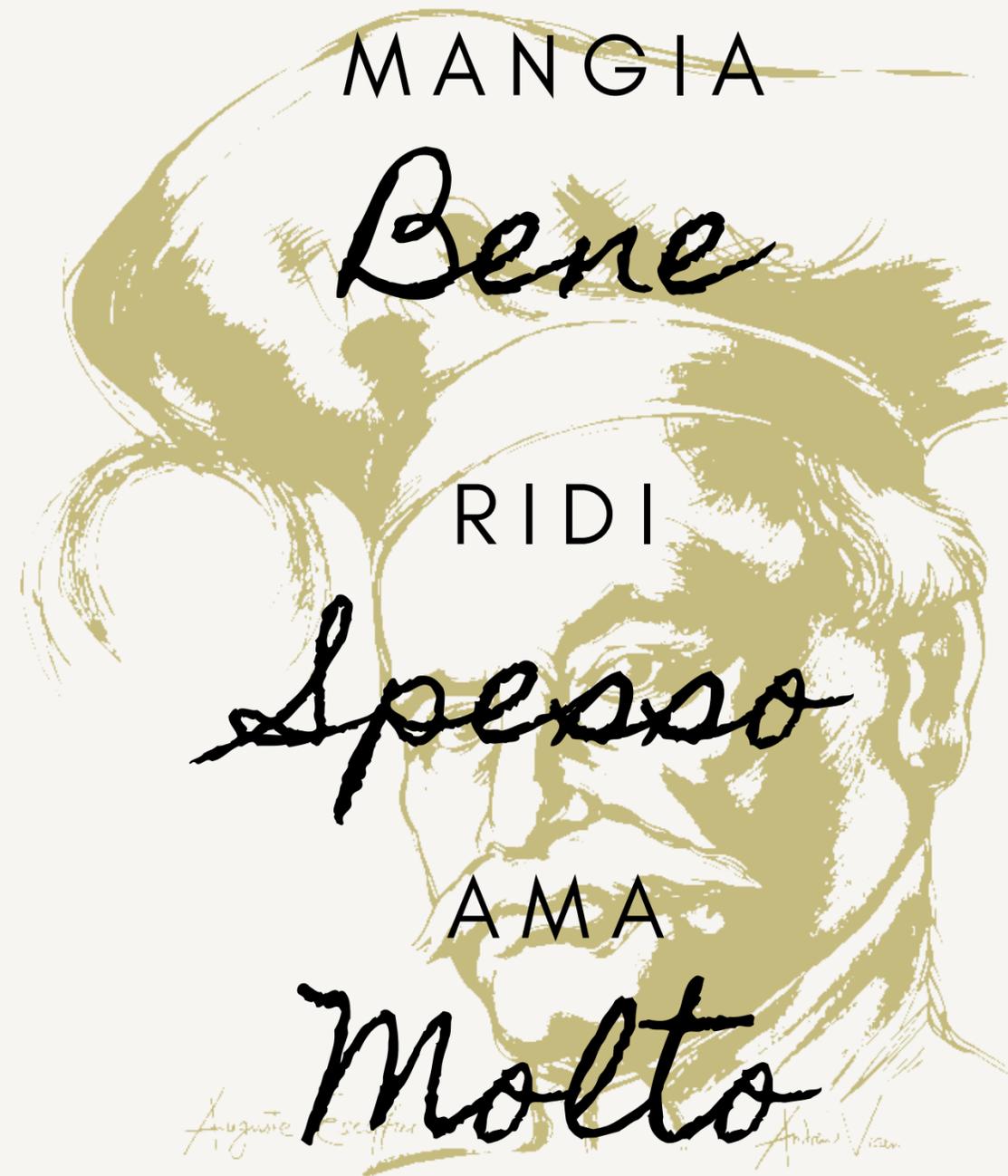
**BY MAIL TO**



**[rencontres-internationales@disciples-escoffier.com](mailto:rencontres-internationales@disciples-escoffier.com)**



For any questions, one email:  
[rencontres-internationales@disciples-escoffier.com](mailto:rencontres-internationales@disciples-escoffier.com)



\*Eat good, Smile always, Love a lot

See you soon!!!